

Valori nutritionale

Categorie	Produs	Valori nutritionale
De dimineata	Mic dejun grecesc	Valoare energetica (kcal): 142,24 Proteine (g): 12,58 Lipide (g): 9,54 Glucide (g): 0.72
De dimineata	Mic dejun englezesc	Valoare energetica (kcal): 598.84 Proteine (g): 36.52 Lipide (g): 38.87 Glucide (g): 21.37
De dimineata	Omleta cu bacon	Valoare energetica (kcal): 457.12 Proteine (g): 32.19 Lipide (g): 30.65 Glucide (g): 9.78
De dimineata	Omleta gurmandului	Valoare energetica (kcal): 431.36 Proteine (g): 26.64 Lipide (g): 32.20 Glucide (g): 5.53
De dimineata	Breakfast Burger	Valoare energetica (kcal): 650.30 Proteine (g): 34.07 Lipide (g): 39.74 Glucide (g): 34.40
De dimineata	Baghete de cascaval crispy	Valoare energetica (kcal): 1050.51 Proteine (g): 41.84 Lipide (g): 78.43 Glucide (g): 36.48
De dimineata	Oua benedict cu salsa de queso si somon	Valoare energetica (kcal): 386.09 Proteine (g): 22.41 Lipide (g): 20.97 Glucide (g): 23.62
De dimineata	Oua benedict cu salsa de queso si bacon	Valoare energetica (kcal): 454.13 Proteine (g): 22.85 Lipide (g): 29.08 Glucide (g): 20.59
De dimineata	Friganele prajite in unt	Valoare energetica (kcal): 835.95 Proteine (g): 15.12 Lipide (g): 71.23 Glucide (g): 27.20
De dimineata	Bruschette Pomodoro	Valoare energetica (kcal): 757.92 Proteine (g): 31.18 Lipide (g): 21.54 Glucide (g): 104.82
De dimineata	Bruschette cu avocado	Valoare energetica (kcal): 681.63 Proteine (g): 17.27 Lipide (g): 17.94 Glucide (g): 108.29

De dimineata	Bruschette cu somon	Valoare energetica (kcal): 900.54 Proteine (g): 43.06 Lipide (g): 33.41 Glucide (g): 100.8
De dimineata	Bruschette mixte	Valoare energetica (kcal): 780.03 Proteine (g): 30.50 Lipide (g): 24.29 Glucide (g): 104.63
De dimineata	Platou Rustic (2-3 persoane)	Valoare energetica (kcal): 1181.48 Proteine (g): 70.35 Lipide (g): 87.01 Glucide (g): 20.41
De dimineata	Platou de branzeturi si fructe proaspete	Valoare energetica (kcal): 978.33 Proteine (g): 52.97 Lipide (g): 64.11 Glucide (g): 40.23
Salate	Salata caesar	Valoare energetica (kcal): 715.11 Proteine (g): 41.30 Lipide (g): 49.49 Glucide (g): 20.86
Salate	Salata cu somon afumat	Valoare energetica (kcal): 564.40 Proteine (g): 20.27 Lipide (g): 12.93 Glucide (g): 31.24
Salate	Salata cu ton	Valoare energetica (kcal): 308.81 Proteine (g): 30.22 Lipide (g): 7.07 Glucide (g): 29.06
Salate	Salata greceasca	Valoare energetica (kcal): 412.20 Proteine (g): 10.95 Lipide (g): 21.23 Glucide (g): 41.43
Salate	Salata cu pui crispy si sos gorgonzola	Valoare energetica (kcal): 485.78 Proteine (g): 27.77 Lipide (g): 21.60 Glucide (g): 41.72
Salate	Salata cu pui, ardei copt si iaurt	Valoare energetica (kcal): 634.82 Proteine (g): 41.44 Lipide (g): 27.75 Glucide (g): 50.45
Salate	Salata personalizata	
Salate	Salata Sabroso	Valoare energetica (kcal): 772.55 Proteine (g): 56.21 Lipide (g): 37.53 Glucide (g): 47.09
Salate	Salata Vegetariana	Valoare energetica (kcal): 529.90 Proteine (g): 13.58 Lipide (g): 29.39 Glucide (g): 49.00

Salate	Salata in culori cu avocado	Valoare energetica (kcal): 606.80 Proteine (g): 32.18 Lipide (g): 17.09 Glucide (g): 44.05
Salate	Salata cu pui rumenit si ananas	Valoare energetica (kcal): 606.80 Proteine (g): 32.18 Lipide (g): 17.09 Glucide (g): 44.05
Salate	Salata Gurmand cu porc	Valoare energetica (kcal): 708.73 Proteine (g): 23.13 Lipide (g): 49.80 Glucide (g): 36.77
Salate	Salata Gurmand cu pui	Valoare energetica (kcal): 584.78 Proteine (g): 26.92 Lipide (g): 37.35 Glucide (g): 30.99
Salate	Salata cu pui rumenit, branza de capra si sos tzatziki	Valoare energetica (kcal): 638.53 Proteine (g): 36.49 Lipide (g): 38.46 Glucide (g): 32.01
Salate	Salata cu pui rumenit, struguri si parmezan	Valoare energetica (kcal): 760.98 Proteine (g): 36.19 Lipide (g): 38.82 Glucide (g): 61.36
Salate	Salata cu snitel crocant si bacon crispy	Valoare energetica (kcal): 968.13 Proteine (g): 66.02 Lipide (g): 43.05 Glucide (g): 72.46
Salate	Salata cu pui rumenit, avocado si gorgonzola	Valoare energetica (kcal): 2424.26 Proteine (g): 45.54 Lipide (g): 159.58 Glucide (g): 183.77
Salate	Salata cu pui in sos sweet chilli si stafide	Valoare energetica (kcal): 843.61 Proteine (g): 30.96 Lipide (g): 43.91 Glucide (g): 75.20
Salate	Salata cu piept de rata, branza de capra si smochine	Valoare energetica (kcal): 872.64 Proteine (g): 35.17 Lipide (g): 46.07 Glucide (g): 73.17
Salate	Salata cu creveti in unt si citrice	Valoare energetica (kcal): 941.29 Proteine (g): 78.36 Lipide (g): 519.34 Glucide (g): 598.92
Sandwichuri si wrapuri	Wrap cu pui crispy si sos sweet chilli	Valoare energetica (kcal): 680.23 Proteine (g): 29.43 Lipide (g): 28.88 Glucide (g): 70.97
Sandwichuri si wrapuri	Wrap cu piept de rata afumat si smochine	Valoare energetica (kcal): 988.67 Proteine (g): 30.10 Lipide (g): 55.80 Glucide (g): 84.47

Sandwichuri si wrapuri	Wrap cu ton si sos caesar	Valoare energetica (kcal): 890.96 Proteine (g): 36.82 Lipide (g): 46.25 Glucide (g): 75.58
Sandwichuri si wrapuri	Wrap cu somon afumat si crema de branza	Valoare energetica (kcal): 640.45 Proteine (g): 25.09 Lipide (g): 29.59 Glucide (g): 64.00
Sandwichuri si wrapuri	Wrap cu muschi de vita si sos de iaurt	Valoare energetica (kcal): 863.09 Proteine (g): 31.35 Lipide (g): 52.22 Glucide (g): 60.71
Sandwichuri si wrapuri	Wrap Vegetarian	Valoare energetica (kcal): 783.26 Proteine (g): 22.48 Lipide (g): 46.81 Glucide (g): 62.38
Sandwichuri si wrapuri	Wrap cu piept de pui si avocado	Valoare energetica (kcal): 1113.21 Proteine (g): 54.98 Lipide (g): 66.73 Glucide (g): 65.17
Sandwichuri si wrapuri	Wrap Traditional (Shaorma)	Valoare energetica (kcal): 931.60 Proteine (g): 33.34 Lipide (g): 56.29 Glucide (g): 66.20
Sandwichuri si wrapuri	Sandwich cu snitel crocant si bacon	Valoare energetica (kcal): 736.78 Proteine (g): 42.32 Lipide (g): 28.07 Glucide (g): 73.71
Sandwichuri si wrapuri	Sandwich cu pui crispy	Valoare energetica (kcal): 1444,04 Proteine (g): 79,13 Lipide (g): 81,52 Glucide (g): 88,16
Sandwichuri si wrapuri	Sandwich cu salam si mozzarella	Valoare energetica (kcal): 744.31 Proteine (g): 32.83 Lipide (g): 39.43 Glucide (g): 59.28
Sandwichuri si wrapuri	Sandwich cu salam, jalapeno si mozzarella	Valoare energetica (kcal): 696.28 Proteine (g): 36.36 Lipide (g): 32.45 Glucide (g): 59.86
Sandwichuri si wrapuri	Sandwich Pizzetti	Valoare energetica (kcal): 806.91 Proteine (g): 35.67 Lipide (g): 43.37 Glucide (g): 62.76
Sandwichuri si wrapuri	Sandwich Vegetarian	Valoare energetica (kcal): 526.39 Proteine (g): 19.20 Lipide (g): 19.82 Glucide (g): 64.23
Sandwichuri si wrapuri	Sandwich cu pui la grill si bacon crispy	Valoare energetica (kcal): 641.95 Proteine (g): 46.37 Lipide (g): 25.54 Glucide (g): 52.27

Sandwichuri si wrapuri	Sandwich cu somon si crema de branza	Valoare energetica (kcal): 527.97 Proteine (g): 27.75 Lipide (g): 19.02 Glucide (g): 57.88
Sandwichuri si wrapuri	Sandwich cu ton si porumb	Valoare energetica (kcal): 402.78 Proteine (g): 22.96 Lipide (g): 6.93 Glucide (g): 59.56
Sandwichuri si wrapuri	Sandwich cu pui in sos sweet chilli si branza feta	Valoare energetica (kcal): 550.03 Proteine (g): 32.79 Lipide (g): 13.88 Glucide (g): 69.88
Sandwichuri si wrapuri	Sandwich cu vita in unt si rucola	Valoare energetica (kcal): 813.57 Proteine (g): 34.98 Lipide (g): 45.74 Glucide (g): 59.70
Supa si ciorbe	Supa crema de rosii	Valoare energetica (kcal): 560.04 Proteine (g): 10.28 Lipide (g): 30.13 Glucide (g): 57.97
Supa si ciorbe	Supa crema de legume	Valoare energetica (kcal): 373.52 Proteine (g): 8.97 Lipide (g): 7.24 Glucide (g): 65.71
Supa si ciorbe	Supa crema de ciuperci	Proteine (g): 24.53 Lipide (g): 20.89 Glucide (g): 14.34 Valoare energetica (kcal): 353.63
Supa si ciorbe	Supa crema de spanac	Valoare energetica (kcal): 344.84 Proteine (g): 9.54 Lipide (g): 21.88 Glucide (g): 24.92
Supa si ciorbe	Supa crema de ardei copti	Valoare energetica (kcal): 255.78 Proteine (g): 4.48 Lipide (g): 12.32 Glucide (g): 29.95
Supa si ciorbe	Supa de pui cu taitei de casa	Valoare energetica (kcal): 187.29 Proteine (g): 26.27 Lipide (g): 2.58 Glucide (g): 13.56
Supa si ciorbe	Bors de peste	Valoare energetica (kcal): 305.01 Proteine (g): 15.47 Lipide (g): 15.34 Glucide (g): 24.13
Supa si ciorbe	Ciorba de pui a la grec	Valoare energetica (kcal): 574.26 Proteine (g): 54.10 Lipide (g): 32.03 Glucide (g): 13.31
Supa si ciorbe	Ciorba de vacuta	Valoare energetica (kcal): 610.54 Proteine (g): 56.42 Lipide (g): 30.99 Glucide (g): 22.20

Supa si ciorbe	Ciorba de perisoare	Valoare energetica (kcal): 346.67 Proteine (g): 12.51 Lipide (g): 24.48 Glucide (g): 16.52
Supa si ciorbe	Ciorba de burta	Valoare energetica (kcal): 351.60 Proteine (g): 39.25 Lipide (g): 16.49 Glucide (g): 9.10
Paste	Penne cu sos rosu si bacon	Valoare energetica (kcal): 464,22 Proteine (g): 11,8 2 Lipide (g): 19,18 Glucide (g): 57,9
Paste	Penne cu pui si branza brie	Valoare energetica (kcal): 1,327.46 Proteine (g): 43.76 Lipide (g): 47.42 Glucide (g): 62.09
Paste	Penne cu legume proaspete	Valoare energetica (kcal): 719.09 Proteine (g): 19.52 Lipide (g): 26.72 Glucide (g): 95.26
Paste	Penne quatro formaggi	Valoare energetica (kcal): 1593.55 Proteine (g): 69.73 Lipide (g): 93.08 Glucide (g): 107.81
Paste	Penne gratinate cu sos rosu	Valoare energetica (kcal): 1272.42 Proteine (g): 54.39 Lipide (g): 44.56 Glucide (g): 154.88
Paste	Penne cu pesto si pui	Valoare energetica (kcal): 755.89 Proteine (g): 40.42 Lipide (g): 46,01 Glucide (g): 39.59
Paste	Spaghetti carbonara	Valoare energetica (kcal): 1091.91 Proteine (g): 42.40 Lipide (g): 65.79 Glucide (g): 74.69
Paste	Spaghetti cu midii si vin	Valoare energetica (kcal):759.24 Proteine (g): 46,95 Lipide (g): 32,65 Glucide (g): 64,17
Paste	Spaghetti cu somon	Valoare energetica (kcal): 1273.96 Proteine (g): 77.89 Lipide (g): 35.08 Glucide (g): 153.26
Paste	Spaghetti cu de toate	Valoare energetica (kcal): 2092,46 Proteine (g): 62,96 Lipide (g): 104,1 Glucide (g): 211,27
Paste	Spaghetti cu creveti	Valoare energetica (kcal): 1393.41 Proteine (g): 75.26 Lipide (g): 51.16 Glucide (g): 148.55

Paste	Spaghetti cu prosciutto si ardei rosu	Valoare energetica (kcal): 1488,03 Proteine (g): 71,7 Lipide (g): 55,22 Glucide (g): 165,96
Paste	Spaghetti AOP cu anchois	Valoare energetica (kcal): 1305.99 Proteine (g): 44.86 Lipide (g): 42.54 Glucide (g): 177.18
Pui gustos si rata	Piept de pui la gratar	Valoare energetica (kcal): 355.35 Proteine (g): 42.46 Lipide (g): 18.37 Glucide (g): 2.54
Pui gustos si rata	Pulpe de pui la gratar	Valoare energetica (kcal): 389.75 Proteine (g): 42.28 Lipide (g): 22.25 Glucide (g): 2.31
Pui gustos si rata	Snitel crocant de pui	Valoare energetica (kcal): 380.95 Proteine (g): 34.81 Lipide (g): 3.26 Glucide (g): 50.71
Pui gustos si rata	Gujoane de pui cu sos remoulade	Valoare energetica (kcal): 926,99 Proteine (g): 48,38 Lipide (g): 60,25 Glucide (g): 41,05
Pui gustos si rata	Pui crispy cu sos calipso	Valoare energetica (kcal): 553,99 Proteine (g): 44,82 Lipide (g): 38,7 Glucide (g): 46,4
Pui gustos si rata	Pui cu sos gorgonzola	Valoare energetica (kcal): 622.66 Proteine (g): 50.07 Lipide (g): 39.31 Glucide (g): 12.63
Pui gustos si rata	Pui chinezesc picant	Valoare energetica (kcal): 1410 Proteine (g): 54,83 Lipide (g): 34,65 Glucide (g): 210,5
Pui gustos si rata	Pui nobil cu broccoli la cuptor	Valoare energetica (kcal): 1435.71 Proteine (g): 85.25 Lipide (g): 88.23 Glucide (g): 64.79
Pui gustos si rata	Scalopina de pui	Valoare energetica (kcal): 324.72 Proteine (g): 47.99 Lipide (g): 10.39 Glucide (g): 7.64
Pui gustos si rata	Pui picant in sos roze	Valoare energetica (kcal): 1249,29 Proteine (g): 46,65 Lipide (g): 96,93 Glucide (g): 38,32
Pui gustos si rata	Aripioare cu sos barbeque (garnitura la alegere: cartofi prajiti, cartofi wedges)	Valoare energetica (kcal): 932,02 Proteine (g): 80,17 Lipide (g): 36,39 Glucide (g): 62,61

Pui gustos si rata	Pui Sabroso	Valoare energetica (kcal): 451,94 Proteine (g): 43,22 Lipide (g): 22,27 Glucide (g): 16,48
Pui gustos si rata	Aripioare crispy (garnitura la alegere: cartofi prajiti, cartofi wedges)	Valoare energetica (kcal):1041,6 Proteine (g): 47,72 Lipide (g): 65,1 Glucide (g): 40.20
Pui gustos si rata	Ficatei de pui in sos de vin alb cu usturoi	Valoare energetica (kcal): 896.56 Proteine (g): 71.74 Lipide (g): 58.19 Glucide (g): 14.94
Pui gustos si rata	Amor a la mexicana	Valoare energetica (kcal): 1270.54 Proteine (g): 66.07 Lipide (g): 50.45 Glucide (g): 129.38
Pui gustos si rata	Piept de rata cu orez si sos de ananas	Valoare energetica (kcal): 1565,14 Proteine (g): 96,8 Lipide (g): 32,17 Glucide (g): 211,97
Pui gustos si rata	Piept de rata cu piure cu verdeturi si sos de fructe de padure	Valoare energetica (kcal): 907,06 Proteine (g): 38,29 Lipide (g): 50,15 Glucide (g): 65,87
Pui gustos si rata	Pollo parmigiano	Valoare energetica (kcal): 809 Proteine (g): 47,44 Lipide (g): 22,79 Glucide (g): 98,14
Porc gatit cu gust	Coaste de porc cu sos african garnitura cartofi prajiti/ wedges	Valoare energetica (kcal): 2431.45 Proteine (g): 129.92 Lipide (g): 153.19 Glucide (g): 115.64
Porc gatit cu gust	Coaste de porc cu vin alb si usturoi garnitura cartofi prajiti/ wedges	Valoare energetica (kcal): 2600.61 Proteine (g): 128.17 Lipide (g): 186.84 Glucide (g): 82.32
Porc gatit cu gust	Ceafa frageda de porc	Valoare energetica (kcal): 580.72 Proteine (g): 44.20 Lipide (g): 42.04 Glucide (g): 2.08
Porc gatit cu gust	Muschiulet de porc	Valoare energetica (kcal): 415.82 Proteine (g): 55.00 Lipide (g): 19.98 Glucide (g): 1.10
Porc gatit cu gust	Snitel de porc crocant	Valoare energetica (kcal): 334.08 Proteine (g):39.34 Lipide (g): 16.75 Glucide (g): 4.15
Porc gatit cu gust	Scalopina de porc	Valoare energetica (kcal): 200.50 Proteine (g): 14.28□ Lipide (g): 14.83 Glucide (g):0.98

Porc gatit cu gust	Muschiulet invelit in bacon cu sos de ciuperci	Valoare energetica (kcal): 608.52 Proteine (g): 170.94 Lipide (g): 31.94 Glucide (g): 5.03
Porc gatit cu gust	Snitel de porc sicilian	Valoare energetica (kcal): 901.27 Proteine (g): 49.70 Lipide (g): 48.50 Glucide (g): 60.11
De prin tara adunate	Picioci pargaliti cu salsa de queso si castraveciori murati	Valoare energetica (kcal): 1070,46 Proteine (g): 40,62 Lipide (g): 51,28 Glucide (g):104,15
De prin tara adunate	Pui moldovenesc la tuci cu budinca de malai	Valoare energetica (kcal): 1363.73 Proteine (g): 75.38 Lipide (g): 84.49 Glucide (g): 65.59
De prin tara adunate	Sarmalute de porc invaritate in varza acra	Valoare energetica (kcal): 835.54 Proteine (g): 28.77 Lipide (g): 43.57 Glucide (g): 76.19
De prin tara adunate	Salatica de boeuf cu tigaie de purcel grasut	Valoare energetica (kcal): 1357.73 Proteine (g): 78.63 Lipide (g): 101.29 Glucide (g): 22.77
De prin tara adunate	Tigaie de purcel grasut cu mamaliguta	Valoare energetica (kcal): 1214.63 Proteine (g): 69.06 Lipide (g): 80.37 Glucide (g): 44.89
De prin tara adunate	Salatica de boeuf	Valoare energetica (kcal): 566.16 Proteine (g):8.56 Lipide (g): 51.43 Glucide (g): 12.87
De prin tara adunate	Tocanita de ciupercute cu broccoli si budinca de malai	Valoare energetica (kcal): 1127,66 Proteine (g): 18,93 Lipide (g): 65,27 Glucide (g): 108,02
De prin tara adunate	Piperchi targasiti fara carne	Valoare energetica (kcal): 950.28 Proteine (g):22.15 Lipide (g): 67.60 Glucide (g): 56.29
De prin tara adunate	MBS alintat cu fulgi de bacon	Valoare energetica (kcal): 745.06 Proteine (g): 23.21 Lipide (g): 48.90 Glucide (g): 47.59
De prin tara adunate	Saramura de pui ca in Oltenia	Valoare energetica (kcal): 1050.28 Proteine (g): 80.10 Lipide (g): 49.00 Glucide (g): 64.92
De prin tara adunate	Tochitura dobrogeana de purcel si ousor la capac	Valoare energetica (kcal): 1453.58 Proteine (g): 83.87 Lipide (g): 96.84 Glucide (g): 51.00

De prin tara adunate	Mancarica de fasole cu carnaciori rumeniti	Valoare energetica (kcal): 682.15 Proteine (g): 33.31 Lipide (g): 40.47 Glucide (g): 41.27
De prin tara adunate	Varzica perpelita la cuptor cu bacon afumat la grill si jalapeno	Valoare energetica (kcal): 1058.35 Proteine (g): 24.05 Lipide (g): 63.38 Glucide (g): 90.32
La jar	Platou King (1 pers)	Valoare energetica (kcal): 1264,04 Proteine (g): 113,35 Lipide (g): 78,17 Glucide (g): 17,64
La jar	Platou King (2-3 pers)	Valoare energetica (kcal): 4710,92 Proteine (g): 354,43 Lipide (g): 293,39 Glucide (g):129,08
La jar	Platou de 10 mititei	Valoare energetica (kcal): 1456,75 Proteine (g): 69,08 Lipide (g): 101,4 Glucide (g): 55,5
La jar	Platou de 20 mititei	Valoare energetica (kcal): 2913,5 Proteine (g): 138,16 Lipide (g): 202,8 Glucide (g): 111
La jar	Platou de ceafa de porc	Valoare energetica (kcal):3451,9 Proteine (g): 280,8 Lipide (g): 176,4 Glucide (g): 161
La jar	Platou de pulpe de pui	Valoare energetica (kcal): 2748,12 Proteine (g): 181,8 Lipide (g): 143,4 Glucide (g): 163,2
La jar	Mititei cu cartofi prajiti si telemea	Valoare energetica (kcal): 761,81 Proteine (g): 35,63 Lipide (g): 41,48 Glucide (g): 60,44
La jar	Mititei ochiosi cu cartofi prajiti si telemea	Valoare energetica (kcal): 1278,45 Proteine (g):49,62 Lipide (g): 82,51 Glucide (g): 75,01
La jar	Carnati liliput cu cartofi prajiti si telemea	Valoare energetica (kcal): 789.38 Proteine (g): 47.87 Lipide (g): 38.06 Glucide (g): 58.33
La jar	Carnati de casa cu cartofi prajiti si telemea	Valoare energetica (kcal):1298.20 Proteine (g): 65.07 Lipide (g): 86.60 Glucide (g): 55.13
La jar	Carnati de casa ochiosi cu cartofi prajiti si telemea	Valoare energetica (kcal): 2,237.41 Proteine (g): 73.48 Lipide (g): 163.17 Glucide (g): 102.11

La jar	Aripioare de pui cu cartofi prajiti si telemea	Valoare energetica (kcal): 772.84 Proteine (g): 55.31 Lipide (g): 48.26 Glucide (g): 23.72
La jar	Ceafa de porc cu cartofi prajiti si telemea	Valoare energetica (kcal): 1,122.97 Proteine (g): 64.58 Lipide (g): 71.87 Glucide (g): 46.29
La jar	Muschiulet de porc cu cartofi prajiti si telemea	Valoare energetica (kcal): 512.13 Proteine (g): 62.71 Lipide (g): 16.48 Glucide (g): 24.82
La jar	Pulpa de pui cu cartofi prajiti si telemea	Valoare energetica (kcal): 523.27 Proteine (g): 48.37 Lipide (g): 24.03 Glucide (g): 24.75
La jar	Piept de pui cu cartofi prajiti si telemea	Valoare energetica (kcal): 385.63 Proteine (g): 44.97 Lipide (g): 9.12 Glucide (g): 28.40
La jar	Costita de porc cu cartofi prajiti si telemea	Valoare energetica (kcal): 1,323.47 Proteine (g): 68.78 Lipide (g): 90.3 Glucide (g): 49.19
La jar	Pita de casa	Valoare energetica (kcal): 1173.70 Proteine (g): 27.40 Lipide (g): 35.10 Glucide (g): 179.25
La jar	Cartofi prajiti cu telemea	Valoare energetica (kcal): 181.87 Proteine (g): 7.71 Lipide (g): 5.70 Glucide (g): 23.72
La jar	Tomahawk de porc cu cartofi prajiti si telemea	Valoare energetica (kcal): 2,180.68 Proteine (g): 101.74 Lipide (g): 159.68 Glucide (g): 67.93
La jar	Fleica de porc cu cartofi prajiti si telemea	Valoare energetica (kcal): 1084,97 Proteine (g): 35,73 Lipide (g): 85,2 Glucide (g): 35,64
La jar	Cotlet de berbecut	Valoare energetica (kcal): 1013,79 Proteine (g): 71.71 Lipide (g): 61.41 Glucide (g): 36.26
La jar	Piept de porc cu cartofi prajiti si telemea (inactiv)	Valoare energetica (kcal): 850.24 Proteine (g): 45.45 Lipide (g): 60.93 Glucide (g): 23.72
Vita frageda	Muschi de vita cu sos de piper verde	Valoare energetica (kcal): 1503.53 Proteine (g): 55.71 Lipide (g): 129.42 Glucide (g): 17.44

Vita frageda	Muschi de vita cu sos de branzeturi	Valoare energetica (kcal): 1442.51 Proteine (g): 95.81 Lipide (g): 107.10 Glucide (g): 13.09
Vita frageda	Lomo saltado	Valoare energetica (kcal): 604.75 Proteine (g): 42.61 Lipide (g): 24.32 Glucide (g): 49.73
Vita frageda	Muschi de vita la gratar	Valoare energetica (kcal): 540,38 Proteine (g): 69,1 Lipide (g): 30 Glucide (g): 1,9
Burgeri	Burger clasic	Valoare energetica (kcal): 1542.59 Proteine (g): 70.22 Lipide (g): 80.48 Glucide (g): 123.47
Burgeri	Burger dublu	Valoare energetica (kcal): 2290,98 Proteine (g): 118,71 Lipide (g): 138,09 Glucide (g): 126,84
Burgeri	Burger cu jalapeno	Valoare energetica (kcal): 1581.28 Proteine (g): 60.79 Lipide (g): 95.81 Glucide (g): 107.56
Burgeri	Burger cu pui crocant	Valoare energetica (kcal): 1594.41 Proteine (g): 53.03 Lipide (g): 87.32 Glucide (g): 137.78
Burgeri	Burger cu ceapa caramelizata si gorgonzola	Valoare energetica (kcal): 1962.72 Proteine (g): 55.10 Lipide (g): 115.33 Glucide (g): 162.01
Burgeri	Burger vegan	Proteine (g): 44.00 Lipide (g): 65.07 Glucide (g): 59.58 Valoare energetica (kcal): 1029.84
Burgeri	Burger cu ou si telemea crispy	Valoare energetica (kcal): 2338.22 Proteine (g): 94.06 Lipide (g): 162.65 Glucide (g): 107.30
Peste si fructe de mare	Creveti crocanti cu sos de lamaie	Valoare energetica (kcal): 281.30 Proteine (g): 29.00 Lipide (g): 5.00 Glucide (g): 28.27
Peste si fructe de mare	Midii pane	Valoare energetica (kcal): 198.91 Proteine (g): 23.12 Lipide (g): 6.47 Glucide (g): 10.72
Peste si fructe de mare	Calamar pane cu sos calipso	Valoare energetica (kcal): 617.99 Proteine (g): 37.67 Lipide (g): 18.80 Glucide (g): 70.42

Peste si fructe de mare	Calamar la grill	Valoare energetica (kcal): 248.50 Proteine (g): 36.01 Lipide (g): 6.48 Glucide (g): 9.90
Peste si fructe de mare	Mix de fructe de mare pane cu sos aioli	Valoare energetica (kcal): 991.63 Proteine (g): 43.84 Lipide (g): 54.35 Glucide (g): 74.74
Peste si fructe de mare	Mix de fructe de mare in sos de vin	Valoare energetica (kcal): 792.54 Proteine (g): 63.79 Lipide (g): 41.90 Glucide (g): 34.47
Peste si fructe de mare	Creveti Black Tiger cu susan pe pat de salata mixta	Valoare energetica (kcal): 746.21 Proteine (g): 60.55 Lipide (g): 39.79 Glucide (g): 31.20
Peste si fructe de mare	Midii mariniere in sos de vin	Valoare energetica (kcal): 1210,87 Proteine (g): 95,01 Lipide (g): 70,41 Glucide (g): 45,15
Peste si fructe de mare	Midii mariniere in sos rosu	Valoare energetica (kcal):1096,5 Proteine (g): 105,03 Lipide (g): 36,25 Glucide (g): 70,19
Peste si fructe de mare	Saramura de biban de mare	Valoare energetica (kcal): 1057.54 Proteine (g): 103.29 Lipide (g): 39.87 Glucide (g): 65.70"
Peste si fructe de mare	Saramura de crap	Valoare energetica (kcal): 1470.47 Proteine (g): 143.00 Lipide (g): 66.16 Glucide (g): 65.58
Peste si fructe de mare	Risotto cu creveti in sos rose	Valoare energetica (kcal): 1464.63 Proteine (g): 67.55 Lipide (g): 84.03 Glucide (g): 99.07
Peste si fructe de mare	Creveti in sos de portocale cu orez si porumb	Valoare energetica (kcal): 966,8 Proteine (g): 40,36 Lipide (g): 58,69 Glucide (g): 62,3
Peste si fructe de mare	Biban de mare cu salsa de rosii	Valoare energetica (kcal): 853.12 Proteine (g): 86.05 Lipide (g): 46.81 Glucide (g): 15.85
Peste si fructe de mare	Biban de mare la gratar	Valoare energetica (kcal): 732.39 Proteine (g): 86.95 Lipide (g): 20.80 Glucide (g): 44.50
Peste si fructe de mare	Somon la gratar cu sos meuniere	Valoare energetica (kcal): 793.56 Proteine (g): 68.73 Lipide (g): 48.64 Glucide (g): 14.49

Peste si fructe de mare	Crap prajit cu mamaliguta	Valoare energetica (kcal): 1875.34 Proteine (g): 62.08 Lipide (g): 144.88 Glucide (g): 66.69
Peste si fructe de mare	Somon cu sos teriyaki și risotto cu creveți	Valoare energetica (kcal): 1835.67 Proteine (g): 102.32 Lipide (g): 80.09 Glucide (g): 163.74
Pizza 30 cm	Pizza personalizata	
Pizza 45 cm	Pizza personalizata	
Pizza 30 cm	Bianca	Valoare energetica (kcal): 1307.25 Proteine (g): 78.46 Lipide (g): 57.45 Glucide (g): 110.07
Pizza 45 cm	Bianca	Valoare energetica (kcal): 3268,12 Proteine (g): 196,15 Lipide (g): 143,62 Glucide (g): 275,17
Pizza 30 cm	Capriciosa	Valoare energetica (kcal): 1593.92 Proteine (g): 71.52 Lipide (g): 59.51 Glucide (g): 182.25
Pizza 45 cm	Capriciosa	Valoare energetica (kcal): 3187,84 Proteine (g): 143,04 Lipide (g): 1019,02 Glucide (g): 364,5
Pizza 30 cm	Con patatas	Valoare energetica (kcal): 1327.39 Proteine (g): 62.02 Lipide (g): 39.52 Glucide (g): 172.09
Pizza 45 cm	Con patatas	Valoare energetica (kcal): 2920,25 Proteine (g): 132,04 Lipide (g): 86,94 Glucide (g): 37859
Pizza 30 cm	Con pollo	Valoare energetica (kcal): 1258.20 Proteine (g): 68.21 Lipide (g): 37.07 Glucide (g): 154.58
Pizza 45 cm	Con pollo	Valoare energetica (kcal): 2768,04 Proteine (g): 150,06 Lipide (g): 81,55 Glucide (g): 340,07
Pizza 30 cm	Four meat	Valoare energetica (kcal): 1334.37 Proteine (g): 63.39 Lipide (g): 46.91 Glucide (g): 155.66

Pizza 45 cm	Four meat	Valoare energetica (kcal): 3335,92 Proteine (g): 158,47 Lipide (g): 117,27 Glucide (g): 389,15
Pizza 30 cm	Hawaii	Valoare energetica (kcal): 1283.11 Proteine (g): 53.16 Lipide (g): 53.16 Glucide (g): 164.16
Pizza 45 cm	Hawaii	Valoare energetica (kcal): 3207,77 Proteine (g): 132,9 Lipide (g): 140,4 Glucide (g): 410,4
Pizza 30 cm	Margherita	Valoare energetica (kcal): 1169.72 Proteine (g): 44.05 Lipide (g): 38.75 Glucide (g): 153.35
Pizza 45 cm	Margherita	Valoare energetica (kcal): 3100,58 Proteine (g): 117,46 Lipide (g): 103,33 Glucide (g): 408,93
Pizza 30 cm	Diavola	Valoare energetica (kcal): 1300.35 Proteine (g): 47.13 Lipide (g): 50.23 Glucide (g): 156.09
Pizza 45 cm	Diavola	Valoare energetica (kcal): 2925,78 Proteine (g): 106,04 Lipide (g): 113,01 Glucide (g): 351,20
Pizza 30 cm	Peperoncino	Valoare energetica (kcal): 1430.74 Proteine (g): 53.94 Lipide (g): 60.80 Glucide (g): 157.11
Pizza 45 cm	Peperoncino	Valoare energetica (kcal): 2861,148 Proteine (g): 107,88 Lipide (g): 121,6 Glucide (g): 314,22
Pizza 30 cm	Pollo con tutti	Valoare energetica (kcal): 1282.14 Proteine (g): 63.09 Lipide (g): 37.19 Glucide (g): 165.27
Pizza 45 cm	Pollo con tutti	Valoare energetica (kcal): 2564,28 Proteine (g): 126,18 Lipide (g): 74,38 Glucide (g): 330,54
Pizza 30 cm	Prosciutto	Valoare energetica (kcal): 1198.74 Proteine (g): 53.83 Lipide (g): 36.21 Glucide (g): 156.41
Pizza 45 cm	Prosciutto	Valoare energetica (kcal): 3296,53 Proteine (g): 148,03 Lipide (g): 99,57 Glucide (g): 430,12

Pizza 30 cm	Prosciutto crudo e gorgonzola	Valoare energetica (kcal): 1346.23 Proteine (g): 60.10 Lipide (g): 50.34 Glucide (g): 154.06
Pizza 45 cm	Prosciutto crudo e gorgonzola	Valoare energetica (kcal): 3029,01 Proteine (g): 135,22 Lipide (g): 113,26 Glucide (g): 346,63
Pizza 30 cm	Prosciutto e funghi	Valoare energetica (kcal): 3157.32 Proteine (g): 117.58 Lipide (g): 107.04 Glucide (g): 409.70
Pizza 45 cm	Prosciutto e funghi	Valoare energetica (kcal): 7893,3 Proteine (g):293,95 Lipide (g):267,6 Glucide (g): 1024,25
Pizza 30 cm	Quattro formaggi	Valoare energetica (kcal): 1298.20 Proteine (g): 52.06 Lipide (g): 48.72 Glucide (g): 154.06
Pizza 45 cm	Quattro formaggi	Valoare energetica (kcal): 2920,95 Proteine (g): 117,13 Lipide (g): 109,62 Glucide (g): 346,63
Pizza 30 cm	Quattro stagioni	Valoare energetica (kcal): 1246.57 Proteine (g): 47.58 Lipide (g): 44.21 Glucide (g): 156.18
Pizza 45 cm	Quattro stagioni	Valoare energetica (kcal): 3116,42 Proteine (g): 118,95 Lipide (g): 110,52 Glucide (g): 390,45
Pizza 30 cm	Rustica	Valoare energetica (kcal): 1349.75 Proteine (g): 49.38 Lipide (g): 53.81 Glucide (g): 157.77
Pizza 45 cm	Rustica	Valoare energetica (kcal): 2969,45 Proteine (g): Lipide (g): Glucide (g):
Pizza 30 cm	Sabroso	Valoare energetica (kcal): 1347.47 Proteine (g): 52.64 Lipide (g): 52.08 Glucide (g): 157.88
Pizza 45 cm	Sabroso	Valoare energetica (kcal): 2964,43 Proteine (g): 115,8 Lipide (g): 114,57 Glucide (g): 347,33
Pizza 30 cm	Tonno	Valoare energetica (kcal): 1227.34 Proteine (g): 57.71 Lipide (g): 35.55 Glucide (g): 161.00

Pizza 45 cm	Tonno	Valoare energetica (kcal): 2480,14 Proteine (g): 126,96 Lipide (g): 78,21 Glucide (g): 354,2
Pizza 30 cm	Turceasca	Valoare energetica (kcal): 1487.16 Proteine (g): 55.13 Lipide (g): 65.83 Glucide (g): 158.27
Pizza 45 cm	Turceasca	Valoare energetica (kcal): 3717,9 Proteine (g): 137,82 Lipide (g): 167,07 Glucide (g): 395,7
Pizza 30 cm	Vegetariana	Valoare energetica (kcal): 1207.84 Proteine (g): 41.99 Lipide (g): 38.59 Glucide (g): 165.07
Pizza 45 cm	Vegetariana	Valoare energetica (kcal): 3019,6 Proteine (g): 104,97 Lipide (g): 104,97 Glucide (g): 412,67
Pizza 30 cm	Caprese (doar medie)	Valoare energetica (kcal): 1224.14 Proteine (g): 36.20 Lipide (g): 43.85 Glucide (g): 162.91
Pizza 30 cm	Spicy Vip (doar medie)	Valoare energetica (kcal): 1322.34 Proteine (g): 57.09 Lipide (g): 48.37 Glucide (g): 155.71
Pizza 30 cm	Barbeque chicken (doar medie)	Valoare energetica (kcal): 1354.97 Proteine (g): 66.64 Lipide (g): 45.51 Glucide (g): 160.61
Pizza 30 cm	Napoli (doar medie)	Valoare energetica (kcal): 1317.62 Proteine (g): 68.12 Lipide (g): 41.49 Glucide (g): 159.14
Pizza 30 cm	Romaneasca (doar medie)	Valoare energetica (kcal): 1409.42 Proteine (g): 60.31 Lipide (g): 52.11 Glucide (g): 165.25
Pizza 30 cm	Samourai (doar medie)	Valoare energetica (kcal): 1448.79 Proteine (g): 47.79 Lipide (g): 62.84 Glucide (g): 163.03
Pizza 30 cm	Spicy formaggi (doar medie)	Valoare energetica (kcal): 1311.64 Proteine (g): 52.46 Lipide (g): 48.86 Glucide (g): 156.62
Pizza 30 cm	Meat & fries (doar medie)	Valoare energetica (kcal): 1570.51 Proteine (g): 78.34 Lipide (g): 58.03 Glucide (g): 173.08

Pizza 30 cm	Surf & turf (doar medie)	Valoare energetica (kcal): 1394.35 Proteine (g): 73.90 Lipide (g): 48.89 Glucide (g): 155.29
Pizza 30 cm	Shaworma (doar medie)	Valoare energetica (kcal): 1476.05 Proteine (g): 62.71 Lipide (g): 50.25 Glucide (g): 183.32
Ceva dulce	Clatite (finetti / vișine / caise / căpșuni)	Valoare energetica (kcal): 440.73 Proteine (g): 8.17 Lipide (g): 14.78 Glucide (g): 65.80
Ceva dulce	Clatite Sabroso	Valoare energetica (kcal): 561.09 Proteine (g): 11.71 Lipide (g): 25.53 Glucide (g): 67.23
Ceva dulce	Tiramisu clasic	Valoare energetica (kcal): 334.54 Proteine (g): 8.13 Lipide (g): 19.65 Glucide (g): 28.89
Ceva dulce	Tiramisu cu fructe de padure	Proteine (g): 7.54 Lipide (g): 30.00 Glucide (g): 37.18 Valoare energetica (kcal): 462.35
Ceva dulce	Crema de zahar ars	Valoare energetica (kcal): 455.36 Proteine (g): 12.79 Lipide (g): 12.42 Glucide (g): 70.10
Ceva dulce	Prajitura krantz	Valoare energetica (kcal): 716.89 Proteine (g): 11.99 Lipide (g): 30.34 Glucide (g): 94.04
Ceva dulce	Papanasi (finetti / vișine / afine)	Valoare energetica (kcal): 455.36 Proteine (g): 12.79 Lipide (g): 12.42 Glucide (g): 70.10"
Ceva dulce	Tort snickers	Valoare energetica (kcal): 687.31 Proteine (g): 13.32 Lipide (g): 38.38 Glucide (g): 67.26
Ceva dulce	Inghetata asortata	Valoare energetica (kcal): 314.91 Proteine (g): 5.11 Lipide (g): 15.61 Glucide (g): 36.29
Ceva dulce	Tort de mere cu crema de zahar ars	Valoare energetica (kcal): 455.00 Proteine (g): 13.28 Lipide (g): 13.70 Glucide (g): 66.62
Ceva dulce	Cheesecake cu piersici	Valoare energetica (kcal): 574.47 Proteine (g): 14.68 Lipide (g): 33.64 Glucide (g): 49.13

Ceva dulce	Tort cu nutella si banane	Valoare energetica (kcal): 515.09 Proteine (g): 8.83 Lipide (g): 27.36 Glucide (g): 54.74
Ceva dulce	Tort de ciocolata cu visine	Valoare energetica (kcal): 760.64 Proteine (g): 12.56 Lipide (g): 29.23 Glucide (g): 106.66
Ceva dulce	Tort de morcovi	Valoare energetica (kcal): 524.00 Proteine (g): 9.49 Lipide (g): 27.00 Glucide (g): 57.07
Pe langa	Cartofi piure	Valoare energetica (kcal): 314.69 Proteine (g): 5.40 Lipide (g): 11.34 Glucide (g): 45.63
Pe langa	Cartofi prajiti	Valoare energetica (kcal): 233.95 Proteine (g): 5.40 Lipide (g): 1.35 Glucide (g): 48.60
Pe langa	Cartofi prajiti cu usturoi si bacon crocant	Valoare energetica (kcal): 157.66 Proteine (g): 3.66 Lipide (g): 0.91 Glucide (g): 0.91
Pe langa	Cartofi prajiti cu salsa de queso	Valoare energetica (kcal): 609,42 Proteine (g):24,86 Lipide (g): 28,26 Glucide (g): 59,68
Pe langa	Cartofi taranesti	Valoare energetica (kcal): 532.93 Proteine (g): 14.84 Lipide (g): 24.84 Glucide (g): 58.80
Pe langa	Cartofi wedges	Valoare energetica (kcal): 291.78 Proteine (g): 7.20 Lipide (g): 3.60 Glucide (g): 55.80
Pe langa	Legume la gratar	Valoare energetica (kcal): 188.92 Proteine (g): 4.65 Lipide (g): 9.58 Glucide (g): 19.70
Pe langa	Ciuperci la gratar	Valoare energetica (kcal): 49.77 Proteine (g): 6.51 Lipide (g): 0.63 Glucide (g): 4.20
Pe langa	Orez cu porumb	Valoare energetica (kcal): 950,35 Proteine (g):14,99 Lipide (g): 25,33 Glucide (g):159,33
Pe langa	Budinca de malai	Valoare energetica (kcal): 218.37 Proteine (g): 4.03 Lipide (g): 1.45 Glucide (g): 45.94

Pe langa	Piure cu busuioc si verdeturi	Valoare energetica (kcal):316,87 Proteine (g):5,58 Lipide (g):11,39 Glucide (g):45,87
Pe langa	Piure de branzeturi	Valoare energetica (kcal): 989,57 Proteine (g): 53,55 Lipide (g):62,24 Glucide (g):46,63
Salate companie	Salata de rosii cu branza	Valoare energetica (kcal): 145.69 Proteine (g): 7.75 Lipide (g): 9.00 Glucide (g): 7.37
Salate companie	Salata asortata	Valoare energetica (kcal): 193.10 Proteine (g): 7.60 Lipide (g): 11.13 Glucide (g): 14.25
Salate companie	Salata de varza	Valoare energetica (kcal): 103.58 Proteine (g): 2.05 Lipide (g): 5.82 Glucide (g): 9.99
Salate companie	Salata de varza murata	Valoare energetica (kcal): 53.36 Proteine (g): 1.22 Lipide (g): 1.96 Glucide (g): 7.35
Salate companie	Salata verde	Valoare energetica (kcal): 24.81 Proteine (g): 0.31 Lipide (g): 0.08 Glucide (g): 5.56
Salate companie	Salata de muraturi	Valoare energetica (kcal): 30.30 Proteine (g): 0.90 Lipide (g): 0.15 Glucide (g): 6.15
Salate companie	Salata coleslaw	Valoare energetica (kcal): 287.10 Proteine (g): 1.80 Lipide (g): 25.10 Glucide (g): 11.26
Salate companie	Mix de salata	Valoare energetica (kcal): 38.57 Proteine (g): 1.59 Lipide (g): 0.36 Glucide (g): 7.00
Salate companie	Salata de rucola si rosii cherry	Valoare energetica (kcal):192.91 Proteine (g):10.05 Lipide (g):12.68 Glucide (g):8.24
De post	Supa crema de legume	Valoare energetica (kcal): 273.13 Proteine (g): 6.20 Lipide (g): 6.70 Glucide (g): 45.22
De post	Pizza de post 30 cm (1 + 1 gratis)	Valoare energetica (kcal): 675.19 Proteine (g): 19.68 Lipide (g): 10.40 Glucide (g): 121.41
De post	Pizza de post 45 cm (1 + 1 gratis)	Valoare energetica (kcal):1350,38 Proteine (g):39,36 Lipide (g): 20,8 Glucide (g):242,82

De post	Penne cu legume proaspete	Valoare energetica (kcal): 539.99 Proteine (g): 23.16 Lipide (g): 7.03 Glucide (g): 92.60
De post	Spaghetti cu sos napoli si ciuperci	Valoare energetica (kcal): 445.93 Proteine (g): 14.08 Lipide (g): 15.68 Glucide (g): 59.12
De post	Varzica perpelita la cuptor cu mamaliga si jalapeno	Valoare energetica (kcal): 974.15 Proteine (g): 11.44 Lipide (g): 61.27 Glucide (g): 87.18
De post	Platou de post (2-3 persoane)	Valoare energetica (kcal): 954.29 Proteine (g): 28.61 Lipide (g): 64.34 Glucide (g): 58.20
De post	Platou de post (4-5 persoane)	Valoare energetica (kcal): 1994,43 Proteine (g): 54,04 Lipide (g): 121,53 Glucide (g): 109,9
De post	Mancarica de fasole	Valoare energetica (kcal): 398.30 Proteine (g): 18.90 Lipide (g): 16.98 Glucide (g): 39.73
De post	Cartofi prajiti	Valoare energetica (kcal): 267.80 Proteine (g): 4.80 Lipide (g): 6.40 Glucide (g): 46.00
De post	Cartofi wedges	Valoare energetica (kcal): 283.50 Proteine (g): 5.00 Lipide (g): 8.00 Glucide (g): 46.00
De post	Legume la gratar	Valoare energetica (kcal): 188.92 Proteine (g): 4.65 Lipide (g): 9.58 Glucide (g): 19.70
De post	Ciuperci la gratar de post	Valoare energetica (kcal): 49.77 Proteine (g): 6.51 Lipide (g): 0.63 Glucide (g): 4.20
De post	Orez cu ciuperci si legume	Valoare energetica (kcal): 200.99 Proteine (g): 3.30 Lipide (g): 6.76 Glucide (g): 30.39
De post	Clatite de post (visine, caise, capsuni)	Valoare energetica (kcal): 433.85 Proteine (g): 6.59 Lipide (g): 13.07 Glucide (g): 69.58
De post	Supa crema de rosii de post	Valoare energetica (kcal):744,15 Proteine (g):16,1 Lipide (g):29,65 Glucide (g): 98,11

De post	Piperchi de post	Valoare energetica (kcal): 950.28 Proteine (g):22.15 Lipide (g): 67.60 Glucide (g): 56.29
De post	Tocanita de ciupercute cu broccoli si mamaliguta	Valoare energetica (kcal): 827.63 Proteine (g): 9.12 Lipide (g): 59.94 Glucide (g): 56.78
De post	Salata de vinete	Valoare energetica (kcal): 243.20 Proteine (g): 2.20 Lipide (g): 22.80 Glucide (g): 5.40
De post	Fasole batuta cu ceapa	Valoare energetica (kcal):52.63 Proteine (g):2.28 Lipide (g):2.01 Glucide (g):6.00
Pentru cei mici	Burger cu pui crocant si cartofi prajiti	Valoare energetica (kcal):797,2 Proteine (g):26,51 Lipide (g): 43,66 Glucide (g): 68,89
Pentru cei mici	Supă cremă de legume	Valoare energetica (kcal): 280,14 Proteine (g): 6,72 Lipide (g): 5,43 Glucide (g): 49,27
Pentru cei mici	Piept de pui la grătar cu piure	Valoare energetica (kcal):432,4 Proteine (g):34,54 Lipide (g):20,37 Glucide (g):24,71
Pentru cei mici	Șnițel de pui în crustă si piure	Valoare energetica (kcal):500,4 Proteine (g):31,76 Lipide (g):9,48 Glucide (g):68,78
Pentru cei mici	Pizza cu pui și broccoli	Valoare energetica (kcal):827.04 Proteine (g):35.57 Lipide (g):28.10 Glucide (g):102.41
Pentru cei mici	Penne cu brânză	Valoare energetica (kcal):811.33 Proteine (g):28.54 Lipide (g):31.51 Glucide (g):97.87
Pentru cei mici	MBS rapid	Valoare energetica (kcal): 745.06 Proteine (g): 23.21 Lipide (g): 48.90 Glucide (g): 47.59
Pentru cei mici	Pilaf Sonic	Valoare energetica (kcal):261,04 Proteine (g):13,63 Lipide (g):17,49 Glucide (g):20,34
Pentru cei mici	Pizza Capriciosa	Valoare energetica (kcal): 1593.92 Proteine (g): 71.52 Lipide (g): 59.51 Glucide (g): 182.25
Pentru cei mici	Pizza Margherita	Valoare energetica (kcal): 1169.72 Proteine (g): 44.05 Lipide (g): 38.75 Glucide (g): 153.35

Pentru cei mici	Pizza Prosciutto	Valoare energetica (kcal): 1198.74 Proteine (g): 53.83 Lipide (g): 36.21 Glucide (g): 156.41
Pentru cei mici	Spaghetti cu sos de rosii si parmezan	Valoare energetica (kcal): 463,44 Proteine (g): 16,65 Lipide (g): 16,13 Glucide (g): 59,79
Pentru cei mici	Penne cu branza delicioasa si unt	Valoare energetica (kcal): 475.66 Proteine (g): 21.13 Lipide (g): 17.87 Glucide (g): 54.35
Pentru cei mici	Supa de pui cu taitei de casa	Valoare energetica (kcal): 93,64 Proteine (g): 13,13 Lipide (g): 1,29 Glucide (g):6,68
Pentru cei mici	Supa crema de rosii	Valoare energetica (kcal):280,02 Proteine (g): 5,14 Lipide (g):7,53 Glucide (g): 28,98
Pentru cei mici	Supa crema de legume	Valoare energetica (kcal):186,76 Proteine (g): 2,57 Lipide (g):3,76 Glucide (g):14,49
Pentru cei mici	Supa crema de ciuperci	Proteine (g): 12,26 Lipide (g): 10,44 Glucide (g):7,17 Valoare energetica (kcal):176,81
Pentru cei mici	Supa crema de spanac	Valoare energetica (kcal): 172,42 Proteine (g): 4,77 Lipide (g):10.94 Glucide (g): 12,46
Pentru cei mici	Supa crema de ardei copti	Valoare energetica (kcal): 255,78 Proteine (g): 4,48 Lipide (g): 12,32 Glucide (g): 29,95
Pentru cei mici	Piept de pui la gratar cu garnitura la alegere	Valoare energetica (kcal): 207,53 Proteine (g):19,26 Lipide (g):2,19 Glucide (g):26,38
Pentru cei mici	Snitel de pui in crusta de fulgi de porumb si garnitura la alegere	Valoare energetica (kcal):307,44 Proteine (g):20,1 Lipide (g):2,3 Glucide (g):49,65
Pentru cei mici	Pulpe de pui la gratar cu garnitura la alegere	Valoare energetica (kcal):211,84 Proteine (g):23,84 Lipide (g):11,79 Glucide (g):25,45
Pentru cei mici	Miniguoane de pui cu garnitura la alegere	Valoare energetica (kcal):342,79 Proteine (g):15,66 Lipide (g):10,39 Glucide (g):44,37

Pentru cei mici	Meniu Spiderman	Valoare energetica (kcal): 922,25 Proteine (g): 41,14 Lipide (g): 22,85 Glucide (g): 131,96
Pentru cei mici	Meniu Superman	Valoare energetica (kcal): 1202,39 Proteine (g): 48,86 Lipide (g): 28,28 Glucide (g): 181,23
La oala	Supa crema de rosii (4 portii)	Valoare energetica (kcal): 2,240,16 Proteine (g): 41,12 Lipide (g): 120,52 Glucide (g): 231,88
La oala	Supa crema de rosii (6 portii)	Valoare energetica (kcal): 3360,04 Proteine (g): 61,68 Lipide (g): 180,78 Glucide (g): 347,82
La oala	Supa crema de legume (4 portii)	Valoare energetica (kcal): 1494,08 Proteine (g): 35,88 Lipide (g): 28,96 Glucide (g): 262,84
La oala	Supa crema de legume (6 portii)	Valoare energetica (kcal): 2241,18 Proteine (g): 53,82 Lipide (g): 43,44 Glucide (g): 394,26
La oala	Supa crema de ciuperci (4 portii)	Valoare energetica (kcal): 98,12 Proteine (g): 83,56 Lipide (g): 57,36 Glucide (g): 1414,52
La oala	Supa crema de ciuperci (6 portii)	Valoare energetica (kcal): 147,18 Proteine (g): 123,54 Lipide (g): 86,04 Glucide (g): 2121,78
La oala	Supa de pui cu taitei de casa (4 portii)	Valoare energetica (kcal): 749,16 Proteine (g): 105,08 Lipide (g): 10,32 Glucide (g): 54,24
La oala	Supa de pui cu taitei de casa (6 portii)	Valoare energetica (kcal): ,1123,74 Proteine (g): 157,62 Lipide (g): 15,48 Glucide (g): 81,36
La oala	Ciorba de pui a la grec (4 portii)	Valoare energetica (kcal): 2297,04 Proteine (g): 216,4 Lipide (g): 132,12 Glucide (g): 53,24
La oala	Ciorba de pui a la grec (6 portii)	Valoare energetica (kcal): 3445,56 Proteine (g): 324,6 Lipide (g): 192,18 Glucide (g): 79,86
La oala	Ciorba de vacuta (4 portii)	Valoare energetica (kcal): 2442,16 Proteine (g): 225,68 Lipide (g): 123,96 Glucide (g): 88,8

La oala	Ciorba de vacuta (6 portii)	Valoare energetica (kcal): 3663,24 Proteine (g): 327,72 Lipide (g): 185,94 Glucide (g): 133,2
La oala	Ciorba de perisoare (4 portii)	Valoare energetica (kcal): 1386,68 Proteine (g): 50,04 Lipide (g): 97,92 Glucide (g): 66,08
La oala	Ciorba de perisoare (6 portii)	Valoare energetica (kcal): 2080,02 Proteine (g): 75,06 Lipide (g): 146,88 Glucide (g): 99,12
La oala	Ciorba de burta (4 portii)	Valoare energetica (kcal): 1406,04 Proteine (g): 157 Lipide (g): 65,96 Glucide (g): 36,4
La oala	Ciorba de burta (6 portii)	Valoare energetica (kcal): 2109,6 Proteine (g): 235,5 Lipide (g): 98,94 Glucide (g): 54,6
La oala	Bors de peste (4 portii)	Valoare energetica (kcal): 1220,04 Proteine (g): 61,88 Lipide (g): 61,36 Glucide (g): 96,52
La oala	Bors de peste (6 portii)	Valoare energetica (kcal): 1830,06 Proteine (g): 92,82 Lipide (g): 92,04 Glucide (g): 1447,78
La oala	Picioci pargaliti cu salsa de queso si castraveciori murati (4 portii)	Valoare energetica (kcal): 4281,84 Proteine (g): 162,48 Lipide (g): 205,12 Glucide (g): 416,6
La oala	Picioci pargaliti cu salsa de queso si castraveciori murati (6 portii)	Valoare energetica (kcal): 6422,76 Proteine (g): 243,72 Lipide (g): 307,68 Glucide (g): 624,9
La oala	Pui moldovenesc la tuci cu budinca de malai (4 portii)	Valoare energetica (kcal): 5454,92 Proteine (g): 301,52 Lipide (g): 337,96 Glucide (g): 262,36
La oala	Pui moldovenesc la tuci cu budinca de malai (6 portii)	Valoare energetica (kcal): 8182,38 Proteine (g): 452,28 Lipide (g): 506,94 Glucide (g): 393,54
La oala	Sarmalute de porc invarcite in varza acra (4 portii)	Valoare energetica (kcal): 3342,16 Proteine (g): 115,08 Lipide (g): 174,28 Glucide (g): 304,76
La oala	Sarmalute de porc invarcite in varza acra (6 portii)	Valoare energetica (kcal): 5013,24 Proteine (g): 172,62 Lipide (g): 261,42 Glucide (g): 457,14

La oala	Salatica de boeuf cu tigaie de purcel grasut (4 portii)	Valoare energetica (kcal): 5430,92 Proteine (g): 314,52 Lipide (g): 405,16 Glucide (g): 91,08
La oala	Salatica de boeuf cu tigaie de purcel grasut (6 portii)	Valoare energetica (kcal): 8146,38 Proteine (g): 471,78 Lipide (g): 607,74 Glucide (g): 136,62
La oala	Tigaie de purcel grasut cu mamaliguta (4 portii)	Valoare energetica (kcal): 4858,52 Proteine (g): 276,24 Lipide (g): 321,48 Glucide (g): 176,36
La oala	Tigaie de purcel grasut cu mamaliguta (6 portii)	Valoare energetica (kcal): 7287,78 Proteine (g): 414,36 Lipide (g): 482,22 Glucide (g): 264,54
La oala	Salatica de boeuf (4 portii)	Valoare energetica (kcal): 2264,48 Proteine (g): 34,24 Lipide (g): 205,72 Glucide (g): 51,48
La oala	Salatica de boeuf (6 portii)	Valoare energetica (kcal): 3396,72 Proteine (g): 51,36 Lipide (g): 308,58 Glucide (g): 72,22
La oala	Tocanita de ciupercute cu broccoli si budinca de malai (4 portii)	Valoare energetica (kcal): 4510,64 Proteine (g): 75,72 Lipide (g): 62,27 Glucide (g): 432,08
La oala	Tocanita de ciupercute cu broccoli si budinca de malai (6 portii)	Valoare energetica (kcal): 6765,96 Proteine (g): 113,58 Lipide (g): 391,62 Glucide (g): 648,12
La oala	Piperchi targasiti fara carne (4 portii)	Valoare energetica (kcal): 3801,12 Proteine (g): 88,6 Lipide (g): 270,4 Glucide (g): 221,16
La oala	Piperchi targasiti fara carne (6 portii)	Valoare energetica (kcal): 5701,68 Proteine (g): 132,9 Lipide (g): 405,6 Glucide (g): 331,74
La oala	Saramura de pui ca in Oltenia (4 portii)	Valoare energetica (kcal): 4201,12 Proteine (g): 320,4 Lipide (g): 196 Glucide (g): 259,68
La oala	Saramura de pui ca in Oltenia (6 portii)	Valoare energetica (kcal): 6301,68 Proteine (g): 480,6 Lipide (g): 294 Glucide (g): 389,52
La oala	Tochitura dobrogeana de purcel si ousor la capac (4 portii)	Valoare energetica (kcal): 5814,32 Proteine (g): 335,48 Lipide (g): 387,36 Glucide (g): 204

La oala	Tochitura dobrogeana de purcel si ousor la capac (6 portii)	Valoare energetica (kcal): 8721,48 Proteine (g): 503,22 Lipide (g): 581,04 Glucide (g): 306
La oala	Mancarica de fasole cu carnaciori rumeniti (4 portii)	Valoare energetica (kcal): 2728,6 Proteine (g): 133,24 Lipide (g): 161,88 Glucide (g): 165,08
La oala	Mancarica de fasole cu carnaciori rumeniti (6 portii)	Valoare energetica (kcal): 4092,9 Proteine (g): 199,86 Lipide (g): 242,82 Glucide (g): 247,62
La oala	Varzica perpelita la cuptor cu bacon afumat la grill si jalapeno (4 portii)	Valoare energetica (kcal): 4233,4 Proteine (g): 96,2 Lipide (g): 253,52 Glucide (g): 361,28
La oala	Varzica perpelita la cuptor cu bacon afumat la grill si jalapeno (6 portii)	Valoare energetica (kcal): 6350,1 Proteine (g): 144,3 Lipide (g): 380,28 Glucide (g): 541,92
La oala	Snitel crocant de pui cu garnitura (piure sau cartofi prajiti) (4 portii)	Valoare energetica (kcal): 2459,6 Proteine (g): 160,84 Lipide (g): 18,44 Glucide (g): 397,24
La oala	Snitel crocant de pui cu garnitura (piure sau cartofi prajiti) (6 portii)	Valoare energetica (kcal): 3689,4 Proteine (g): 241,26 Lipide (g): 27,16 Glucide (g): 595,86
La oala	Snitel de porc crocant cu garnitura (piure sau cartofi prajiti) (4 portii)	Valoare energetica (kcal): 2272,12 Proteine (g): 178,96 Lipide (g): 72,4 Glucide (g): 211
La oala	Snitel de porc crocant cu garnitura (piure sau cartofi prajiti) (6 portii)	Valoare energetica (kcal): 3408,18 Proteine (g): 268,44 Lipide (g): 108,6 Glucide (g): 316,5
La oala	Scalopina de pui cu garnitura (piure sau cartofi prajiti) (4 portii)	Valoare energetica (kcal): 2234,68 Proteine (g): 213,56 Lipide (g): 46,96 Glucide (g): 224,96
La oala	Scalopina de pui cu garnitura (piure sau cartofi prajiti) (6 portii)	Valoare energetica (kcal): 3352,02 Proteine (g): 320,34 Lipide (g): 70,44 Glucide (g): 337,44
La oala	Scalopina de porc cu garnitura (piure sau cartofi prajiti) (4 portii)	Valoare energetica (kcal): 811,35 Proteine (g): 78,72 Lipide (g): 64,72 Glucide (g): 198,32
La oala	Scalopina de porc cu garnitura (piure sau cartofi prajiti) (6 portii)	Valoare energetica (kcal): 2606,7 Proteine (g): 118,08 Lipide (g): 97,08 Glucide (g): 297,48

La oala	Pui Sabroso cu garnitura (piure sau cartofi prajiti) (4 portii)	Valoare energetica (kcal): 2743,56 Proteine (g): 194,48 Lipide (g): 94,48 Glucide (g): 260,32
La oala	Pui Sabroso cu garnitura (piure sau cartofi prajiti) (6 portii)	Valoare energetica (kcal): 4115,64 Proteine (g): 291,72 Lipide (g): 141,72 Glucide (g): 390,48
La oala	Saramura de biban de mare (4 portii)	Valoare energetica (kcal): 4230,16 Proteine (g): 413,16 Lipide (g): 159,48 Glucide (g): 262,8
La oala	Saramura de biban de mare (6 portii)	Valoare energetica (kcal): 6345,24 Proteine (g): 619,74 Lipide (g): 239,22 Glucide (g): 394,2
La oala	Biban de mare la gratar (4 portii)	Valoare energetica (kcal): 2931,56 Proteine (g): 347,8 Lipide (g): 83,2 Glucide (g): 178
La oala	Biban de mare la gratar (6 portii)	Valoare energetica (kcal): 4394,34 Proteine (g): 521,7 Lipide (g): 124,8 Glucide (g): 267
La oala	Coaste de porc cu sos african garnitura (cartofi prajiti/cartofi wedges) (4 portii)	Valoare energetica (kcal):9725,8 Proteine (g): 519,68 Lipide (g): 612,76 Glucide (g): 462,56
La oala	Coaste de porc cu sos african garnitura (cartofi prajiti/cartofi wedges) (6 portii)	Valoare energetica (kcal): 14588,7 Proteine (g): 1157,52 Lipide (g): 919,14 Glucide (g): 693,84
La oala	Coaste de porc cu vin alb si usturoi garnitura (cartofi prajiti/cartofi wedges) (4 portii)	Valoare energetica (kcal): 10402,44 Proteine (g): 512,68 Lipide (g): 747,36 Glucide (g): 329,28
La oala	Coaste de porc cu vin alb si usturoi garnitura (cartofi prajiti/cartofi wedges) (6 portii)	Valoare energetica (kcal): 15603,66 Proteine (g): 768,96 Lipide (g): 1121,04 Glucide (g): 493,92
La oala	Crap prajit cu mamaliguta (4 portii)	Valoare energetica (kcal): 7501,36 Proteine (g): 248,32 Lipide (g): 579,52 Glucide (g): 266,76
La oala	Crap prajit cu mamaliguta (6 portii)	Valoare energetica (kcal): 11252,04 Proteine (g): 372,48 Lipide (g): 869,28 Glucide (g): 400,14
La oala	Saramura de crap cu mamaliguta (4 portii)	Valoare energetica (kcal):4990,44 Proteine (g): 460,8 Lipide (g): 217,6 Glucide (g): 262,8

La oala	Saramura de crap cu mamaliguta (6 portii)	Valoare energetica (kcal): 7485,66 Proteine (g): 691,2 Lipide (g): 326,4 Glucide (g): 394,2
Sosuri si altele	Salsa de queso	Valoare energetica (kcal):384,43 Proteine (g):17,63 Lipide (g):22,12 Glucide (g):25,96
Sosuri si altele	Sos samourai	Valoare energetica (kcal): 704.88 Proteine (g): 1.20 Lipide (g): 75.00 Glucide (g): 0.60
Sosuri si altele	Sos de smantanta	Valoare energetica (kcal): 126.61 Proteine (g): 1.62 Lipide (g): 12.00 Glucide (g): 2.04
Sosuri si altele	Sos de usturoi	Valoare energetica (kcal): 50.01 Proteine (g): 0.86 Lipide (g): 3.64 Glucide (g): 3.08
Sosuri si altele	Sos ketchup	Valoare energetica (kcal): 86.70 Proteine (g): 1.04 Lipide (g): 0.4 Glucide (g): 19.20
Sosuri si altele	Sos calipso	Valoare energetica (kcal): 202.41 Proteine (g): 0.56 Lipide (g): 17.55 Glucide (g): 9.00
Sosuri si altele	Sos caesar	Valoare energetica (kcal): 393.81 Proteine (g): 2.66 Lipide (g): 40.00 Glucide (g): 2.66
Sosuri si altele	Sos remoulade	Valoare energetica (kcal): 395.49 Proteine (g): 4.12 Lipide (g): 39.10 Glucide (g): 3.65
Sosuri si altele	Sos gorgonzola	Valoare energetica (kcal): 379.53 Proteine (g): 19.98 Lipide (g): 30.48 Glucide (g): 3.45
Sosuri si altele	Sos pizza dulce / picant	Valoare energetica (kcal): 26.32 Proteine (g): 0.98 Lipide (g): 31.48 Glucide (g): 5.44
Sosuri si altele	Sos aioli	Valoare energetica (kcal): 327.67 Proteine (g): 0.88 Lipide (g): 32.80 Glucide (g): 4.64
Sosuri si altele	Sos maioneza cu boia dulce	Valoare energetica (kcal): 137.83 Proteine (g): 0.10 Lipide (g): 12.55 Glucide (g): 5.05
Sosuri si altele	Sos fructe de padure	Valoare energetica (kcal):111.58 Proteine (g):0.11 Lipide (g):8.11 Glucide (g):9.51

Sosuri si altele	Sos lamaie	Valoare energetica (kcal):175.12 Proteine (g):1.69 Lipide (g):9.55 Glucide (g):19.36
Sosuri si altele	Mujdei de usturoi	Valoare energetica (kcal): 17.62 Proteine (g): 0.07 Lipide (g): 0.51 Glucide (g): 3.07
Sosuri si altele	Ardei iute/Ardei proaspat	Valoare energetica (kcal): 19.04 Proteine (g): 0.76 Lipide (g): 0.16 Glucide (g): 3.52
Sosuri si altele	Chifle (1 buc)	Valoare energetica (kcal): 106.48 Proteine (g): 3.25 Lipide (g): 0.45 Glucide (g): 21.70
Sosuri si altele	Focaccia simpla	Valoare energetica (kcal):769.65 Proteine (g):7.54 Lipide (g):13.30 Glucide (g): 150.01
Sosuri si altele	Focaccia cu mozzarella	Valoare energetica (kcal):230.33 Proteine (g):13.95□ Lipide (g):11.88 Glucide (g): 15.28
Platouri	Platou grill (1,5 ciuperci la gratar, 1,5 cartofi taranesti, 2 ceafa de porc, 2 pulpe de pui, carnati cabanos (4 buc), 1 sos maioneza si boia dulce, 1,5 salata muraturi)	Valoare energetica (kcal): 3677,06 Proteine (g): 200,81 Lipide (g): 183,97 Glucide (g): 98,13
Platouri	Platou cald traditional	Valoare energetica (kcal): 4016,56 Proteine (g): 371,65 Lipide (g): 243,92 Glucide (g): 166,37
Platouri	Platou rece frigarui	Valoare energetica (kcal): 1233.33 Proteine (g): 142.92 Lipide (g): 55.36 Glucide (g): 32.32
Platouri	Platou rece rulade	Valoare energetica (kcal): 2994.54 Proteine (g): 192.52 Lipide (g): 193.97 Glucide (g): 97.87□
Platouri	Platou cald VIP	Valoare energetica (kcal): 2904,26 Proteine (g): 311,42 Lipide (g): 101,43 Glucide (g): 164,16
Platouri	Platou rece branzeturi	Valoare energetica (kcal): 2389.43 Proteine (g): 135.52 Lipide (g): 162.24□ Glucide (g): 79.26
Platouri	Platou crispy (1,5 cartofi prajiti, 1,5 wedges, 1 crispy, 1 aripioare crispy, 1 crispy cheese, 1 sos calipso, 1 sos remoulade)	Valoare energetica (kcal): 2659,67 Proteine (g): 176,73 Lipide (g): 119,22 Glucide (g): 198,48

Platouri	Platou cald fructe de mare	Valoare energetica (kcal): 2646.52 Proteine (g): 187.80 Lipide (g): 91.59 Glucide (g): 249.94
Platouri	Platou cald peste	Valoare energetica (kcal): 2287,84 Proteine (g): 250,9 Lipide (g): 107,08 Glucide (g): 64,22
Platouri	Platou rece VIP	Valoare energetica (kcal): 4025.87 Proteine (g): 318.57 Lipide (g): 269.13 Glucide (g): 52.88
Platouri	Platou Rustic (4-5 persoane)	Valoare energetica (kcal): Proteine (g): Lipide (g): Glucide (g):
Meniuri	Meniu Crispy strips (1 crispy strips, 1 cartofi prajiti, 1 salata colleslaw, 1/2 foccacia, 1 sos calipso)	Valoare energetica (kcal): 1126,35 Proteine (g): 55,79 Lipide (g): 70,8 Glucide (g): 181,26
Meniuri	Meniu Sabroso	Valoare energetica (kcal): 1248,52 Proteine (g): 55,98 Lipide (g): 30,52 Glucide (g): 179,36
Meniuri	4 Meniuri Crispy	Valoare energetica (kcal): 4505,4 Proteine (g): 223,16 Lipide (g): 283,2 Glucide (g): 725,04
Meniuri	2 Meniuri Crispy + 2 Sabroso	Valoare energetica (kcal): 4749,74 Proteine (g): 223,92 Lipide (g): 201,2 Glucide (g): 721,24
Meniuri	4 Meniuri Sabroso	Valoare energetica (kcal): 4994,08 Proteine (g): 223,92 Lipide (g): 122,08 Glucide (g): 716,44
Meniuri	3 Meniuri Crispy + 1 Sabroso	Valoare energetica (kcal): 4627,57 Proteine (g): 233,55 Lipide (g): 242,92 Glucide (g): 723,14
Meniuri	3 Meniuri Sabroso + 1 Crispy	Valoare energetica (kcal): 4871,91 Proteine (g): 233,92 Lipide (g): 161,64 Glucide (g): 719,34
Meniu family	Meniu Family 1	Valoare energetica (kcal): 7026,06 Proteine (g): 224,32 Lipide (g): 253,26 Glucide (g): 822,2
Meniu family	Meniu Family 2	Valoare energetica (kcal): 6926,8 Proteine (g): 217,19 Lipide (g): 204,258 Glucide (g): 595,54

Meniu family	Meniu Family 5	Valoare energetica (kcal): 4528,72 Proteine (g): 119,04 Lipide (g): 149,1 Glucide (g): 506,44
Torturi	Tort snickers - 12 p	Valoare energetica (kcal):8247,72 Proteine (g):159,84 Lipide (g):460,56 Glucide (g):807,12
Torturi	Tort krantz - 12 p	Valoare energetica (kcal):8602,68 Proteine (g):143,88 Lipide (g):364,08 Glucide (g):1128,48
Torturi	Tort tiramisu - 12 p	Valoare energetica (kcal):4014,48 Proteine (g):97,56 Lipide (g):235,8 Glucide (g):346,68
Torturi	Tort tiramisu cu fructe de padure - 12 p	Valoare energetica (kcal):5548,2 Proteine (g):90,48 Lipide (g):360 Glucide (g):446,16
Torturi	Tort de mere cu crema de zahar ars - 12 p	Valoare energetica (kcal):5460 Proteine (g):159,36 Lipide (g):164,4 Glucide (g):799,44
Torturi	Cheesecake cu piersici - 12 p	Valoare energetica (kcal):6893,64 Proteine (g):176,16 Lipide (g):403,68 Glucide (g):589,56
Torturi	Tort cu nutella si banane - 12 p	Valoare energetica (kcal):6181,08 Proteine (g):105,96 Lipide (g):328,32 Glucide (g):656,88
Torturi	Tort de ciocolata cu visine - 12 p	Valoare energetica (kcal):9127,68 Proteine (g):150,72 Lipide (g):350,76 Glucide (g):1279,92
Torturi	Tort de morcovi - 12 p	Valoare energetica (kcal):6288 Proteine (g):113,88 Lipide (g):324 Glucide (g):684,84
Extra	1 ou fiert/prajit	Valoare energetica (kcal):38.71 Proteine (g):3.15 Lipide (g):2.65 Glucide (g):0.28
Extra	Ananas	Valoare energetica (kcal):22.88 Proteine (g):0.18 Lipide (g):0 Glucide (g):5.40
Extra	Anchois	Valoare energetica (kcal):59.07 Proteine (g):3.20 Lipide (g):4.80 Glucide (g):0.32
Extra	Ardei verde	Valoare energetica (kcal):11.07 Proteine (g):0.70 Lipide (g): 0 Glucide (g):2.00

Extra	Ardei rosu	Valoare energetica (kcal):14.35 Proteine (g):0.50 Lipide (g):0 Glucide (g):3.00
Extra	Babic	Valoare energetica (kcal):94.45 Proteine (g):8.60 Lipide (g):6.10 Glucide (g):0.60
Extra	Bacon	Valoare energetica (kcal):59.39 Proteine (g):11.00 Lipide (g):1.25 Glucide (g):0.65
Extra	Bacon crispy	Valoare energetica (kcal):235.57 Proteine (g):11.20 Lipide (g):20.30 Glucide (g):0.21
Extra	Baza salata personalizata	
Extra	Blat pizza	Valoare energetica (kcal):727.13 Proteine (g):7.50 Lipide (g):8.75 Glucide (g):150.00
Extra	Branza cheddar	Valoare energetica (kcal):124.58 Proteine (g):7.47 Lipide (g):9.93 Glucide (g):0.39
Extra	Branza emmentaler	Valoare energetica (kcal):111.33 Proteine (g):8.10 Lipide (g):8.40 Glucide (g):0
Extra	Akadia tip branza feta	Valoare energetica (kcal):71.46 Proteine (g):3.00 Lipide (g):5.70 Glucide (g):1.50
Extra	Branza telemea	Valoare energetica (kcal):142.34 Proteine (g):10.00 Lipide (g):10.50 Glucide (g):0.90
Extra	Broccoli	Valoare energetica (kcal):12.73 Proteine (g):1.54 Lipide (g):0.35 Glucide (g):0.77
Extra	Ceapa alba	Valoare energetica (kcal):9.21 Proteine (g):0.18 Lipide (g):0.02 Glucide (g):2.02
Extra	Ceapa rosie	Valoare energetica (kcal):11.96 Proteine (g):0.36 Lipide (g):0.03 Glucide (g):2.49
Extra	Cascaval	Valoare energetica (kcal):141.65 Proteine (g):12.50 Lipide (g):9.50 Glucide (g):0.50
Extra	Carnati cabanos	Valoare energetica (kcal):85.16 Proteine (g):4.32 Lipide (g):7.05 Glucide (g):0.46

Extra	Carnati picanti	Valoare energetica (kcal):95.99 Proteine (g):4.20 Lipide (g):8.10 Glucide (g):0.84
Extra	Castraveti	Valoare energetica (kcal):9.33 Proteine (g):0.33 Lipide (g):0.06 Glucide (g):1.81
Extra	Castraveti murati	Valoare energetica (kcal):12.54 Proteine (g):0.27 Lipide (g):0.07 Glucide (g):2.63
Extra	Ciuperci	Valoare energetica (kcal):6.92 Proteine (g):1.03 Lipide (g):0.18 Glucide (g):0.25
Extra	Creveti	Valoare energetica (kcal):26.89 Proteine (g):6.00 Lipide (g):0.14 Glucide (g):0.24
Extra	Creveti black tiger	Valoare energetica (kcal):41.22 Proteine (g):9.50 Lipide (g):0.20 Glucide (g):0.10
Extra	Crutoane	Valoare energetica (kcal):422.49 Proteine (g):8.60 Lipide (g):16.20 Glucide (g):57.70
Extra	Cartofi prajiti	Valoare energetica (kcal):233,95 Proteine (g):5,4 Lipide (g):1,35 Glucide (g):48,60
Extra	Dovlecei	Valoare energetica (kcal):6.61 Proteine (g):0.50 Lipide (g):0.05 Glucide (g):1.00
Extra	Dressing	
Extra	Dulceata afine	Valoare energetica (kcal):80.97 Proteine (g):0.25 Lipide (g):0 Glucide (g):19.50
Extra	Finetti	Valoare energetica (kcal):171.78 Proteine (g):1.50 Lipide (g):10.80 Glucide (g):15.90
Extra	Gem caise	Valoare energetica (kcal):107.99 Proteine (g):0 Lipide (g):0.15 Glucide (g):26.00
Extra	Gem capsuni	Valoare energetica (kcal):111.34 Proteine (g):0.25 Lipide (g):0.40 Glucide (g):26.00
Extra	Ghiudem	Valoare energetica (kcal):100.10 Proteine (g):3.60 Lipide (g):9.00 Glucide (g):0.40

Extra	Gorgonzola	Valoare energetica (kcal):70.53 Proteine (g):4.20 Lipide (g):5.60 Glucide (g):0.30
Extra	Lamaie	Valoare energetica (kcal):11.02 Proteine (g):0.28 Lipide (g):0.07 Glucide (g):2.25
Extra	Mamaliga	Valoare energetica (kcal):285,93 Proteine (g):3,97 Lipide (g):9,45 Glucide (g):44,31
Extra	Mar	Valoare energetica (kcal):30.24 Proteine (g):0.15 Lipide (g):0.10 Glucide (g):7.00
Extra	Masline	Valoare energetica (kcal):38.59 Proteine (g):0.24 Lipide (g):3.21 Glucide (g):1.89
Extra	Midii	Valoare energetica (kcal):47.76 Proteine (g):7.80 Lipide (g):1.30 Glucide (g):0.90
Extra	Mix de salata	
Extra	Mozzarella	Valoare energetica (kcal):143.22 Proteine (g):12.00 Lipide (g):10.00 Glucide (g):0.25
Extra	Mozzarella fresca	Valoare energetica (kcal):143.22 Proteine (g):12.00 Lipide (g):10.00 Glucide (g):0.25
Extra	Mix de branzeturi rase	Valoare energetica (kcal):73.70 Proteine (g):5.04 Lipide (g):5.50 Glucide (g):0.46
Extra	Branza parmesan Grana Padano	Valoare energetica (kcal):121.50 Proteine (g):9.90 Lipide (g):8.70 Glucide (g):0
Extra	Piept de pui	Valoare energetica (kcal):120.43 Proteine (g):23.25 Lipide (g):2.70 Glucide (g):0
Extra	Porumb dulce	Valoare energetica (kcal):37.47 Proteine (g):1.55 Lipide (g):1.45 Glucide (g):4.30
Extra	Prosciutto crudo	Valoare energetica (kcal):104.22 Proteine (g):11.70 Lipide (g):5.85 Glucide (g):0.45
Extra	Rosii	Valoare energetica (kcal):16.16 Proteine (g):0.68 Lipide (g):0.15 Glucide (g):2.92

Extra	Rosii cherry	Valoare energetica (kcal):10.86 Proteine (g):0.65 Lipide (g):0 Glucide (g):2.00
Extra	Salam	Valoare energetica (kcal):42.93 Proteine (g):4.80 Lipide (g):2.50 Glucide (g):0
Extra	Salam picant	Valoare energetica (kcal):76.17 Proteine (g):4.00 Lipide (g):6.40 Glucide (g):0.06
Extra	Sweet chilli	Valoare energetica (kcal):61.81 Proteine (g):0.15 Lipide (g):0.06 Glucide (g):14.79
Extra	Salata iceberg	Valoare energetica (kcal):20.64 Proteine (g):1.00 Lipide (g):0.28 Glucide (g):3.40
Extra	Salata raddichio	Valoare energetica (kcal):0 Proteine (g):0 Lipide (g):0 Glucide (g):0
Extra	Salata rucola	Valoare energetica (kcal):5.16 Proteine (g):0.92 Lipide (g):0.11 Glucide (g):0.09
Extra	Salată creață	Valoare energetica (kcal):19.60 Proteine (g):1.30 Lipide (g):0.30 Glucide (g):2.80
Extra	Somon afumat	Valoare energetica (kcal):125.86 Proteine (g):24.00 Lipide (g):2.60 Glucide (g):0.80
Extra	Sos caesar	Valoare energetica (kcal):393.81 Proteine (g):2.66 Lipide (g):40.00 Glucide (g):2.66
Extra	Sos pesto	Valoare energetica (kcal):69.30 Proteine (g):0.84 Lipide (g):6.20 Glucide (g):2.00
Extra	Sunca	Valoare energetica (kcal):81.29 Proteine (g):9.15 Lipide (g):4.20 Glucide (g):1.15
Extra	Unt	Valoare energetica (kcal):151.67 Proteine (g):0.18 Lipide (g):16.22 Glucide (g):0.02
Extra	Ton	Valoare energetica (kcal):113.98 Proteine (g):7.84 Lipide (g):8.80 Glucide (g):0
Extra	Usturoi	Valoare energetica (kcal):7.39 Proteine (g):0.33 Lipide (g):0.01 Glucide (g):1.45

Extra	Vita	Valoare energetica (kcal):86.96 Proteine (g): 7.60 Lipide (g): 6.00 Glucide (g): 00.00
Bauturi 0,250 l	Burn (oferta 1 + 1)	Valoare energetica (kcal): 155 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g):40.00
Bauturi 0.330 l	Coca Cola (oferta 1 + 1)	Valoare energetica (kcal): 138.6 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 34.98
Bauturi 0.330 l	Fanta (oferta 1 + 1)	Valoare energetica (kcal): 141.90 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 34.65
Bauturi 0.5 l	Apa minerala Dorna (oferta 1 + 1)	Valoare energetica (kcal): 00.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 00.00
Bauturi 0.5 l	Apa plata Dorna (oferta 1 + 1)	Valoare energetica (kcal): 00.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 00.00
Bauturi 0.5 l	Coca Cola (oferta 1 + 1)	Valoare energetica (kcal): 200.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 53.00
Bauturi 0.5 l	Fanta (oferta 1 + 1)	Valoare energetica (kcal): 215 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g):52.50
Bauturi 0.5 l	Sprite (oferta 1 + 1)	Valoare energetica (kcal): 45.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 10.00
Bauturi 0.5 l	Fuzetea (oferta 1 + 1)	Valoare energetica (kcal): 95.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 22.00
Bauturi 0.5 l	Ciuc Premium (oferta 1 + 1)	Valoare energetica (kcal): 215.00 Proteine (g): 2.50 Lipide (g): 00.00 Glucide (g): 18.00
Bauturi 0.5 l	Ciuc Radler (oferta 1 + 1)	Valoare energetica (kcal): 160.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 35.00
Bauturi 1 l	Cappy portocale (oferta 1 + 1)	Valoare energetica (kcal): 400.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 99.00
Bauturi 1 l	Cappy piersici mix (oferta 1 + 1)	Valoare energetica (kcal): 620.00 Proteine (g): 00.00 Lipide (g): 00.00 Glucide (g): 120.00

Bauturi 1 l	Cappy mere (oferta 1 + 1)	Valoare energetica (kcal): 470,00 Proteine (g): 00,00 Lipide (g): 00,00 Glucide (g): 113,00
Oferte	Super 10	Valoare energetica (kcal): 1416,5 Proteine (g): 52,64 Lipide (g): 52,08 Glucide (g): 175,37
Oferte	Meniul zilei - CD/CB	Valoare energetica (kcal): 2362,43 Proteine (g): 114,91 Lipide (g): 98,99 Glucide (g): 236,99
Oferte	Meniul zilei - MR	Valoare energetica (kcal): 2362,43 Proteine (g): 114,91 Lipide (g): 98,99 Glucide (g): 236,99
Oferte	Desert 1+1	Valoare energetica (kcal): 881,4 Proteine (g): 16,34 Lipide (g): 29,56 Glucide (g): 131,6
Oferte	Combo American	Valoare energetica (kcal): 3688,92 Proteine (g): 182,56 Lipide (g): 130,25 Glucide (g): 273,52
Oferte	Combo Steak	Valoare energetica (kcal): 1963,39 Proteine (g): 71,16 Lipide (g): 69,74 Glucide (g): 74,28
Oferte	Platou King 1 pers + 1 bautura traditionala	Valoare energetica (kcal): 1322,06 Proteine (g): 113,35 Lipide (g): 78,17 Glucide (g): 31,84
Oferte	Platou King 2-3 pers + 2 bauturi traditionale	Valoare energetica (kcal): 4768,26 Proteine (g): 113,35 Lipide (g): 78,17 Glucide (g): 143,28